

DINING IN LONG-TERM CARE

New Directions

In long-term care, institution-directed dining is the **old route**. Steer your community in a **new direction** with self-directed dining.



OLD ROUTE

Diets based upon medical diagnosis



NEW DIRECTION

Relationships allow diets to be based upon personal preferences and goals



OLD ROUTE

Residents "fit" into "facility" dining schedules



NEW DIRECTION

Dining is available multiple times throughout the day



OLD ROUTE

Diets provide standardized portions and food items



NEW DIRECTION

Diets provide a variety of food choices and are always available



OLD ROUTE

The "facility" staff tell diners what they cannot eat



NEW DIRECTION

All informed decisions about what and how to eat default to the residents



OLD ROUTE

The dining experience feels and looks like an institution



NEW DIRECTION

The whole dining experience is welcoming, comforting, and meaningful

